***King Street Elementary Cross Country Program***

**Schedule for practices and races**

Monday September 10th – Practice (3-4pm at King St.)

Wednesday September 12th - Practice (3-4pm at King St.)

Monday September 17th – Practice (3-4pm at King St.)

Wednesday September 19th - Meet #1 (4pm start time – location yet to be determined)

Monday September 24th – Practice (3-4pm at King St.)

Wednesday September 26th - Meet #2 (4pm start time – location yet to be determined)

Monday October 1st – Practice (3-4pm at King St.)

Wednesday October 3rd - Meet #3 (4pm start time – location yet to be determined)

Wednesday October 10th - Meet #4 (4pm start time – location yet to be determined)

Monday October 15th – Practice (3-4pm at King St.)

Wednesday October 17th – Meet #5 (4pm start time – location yet to be determined)

Thursday October 18th – School Meet 1:35pm start time – location King St. School

**Runners at to be picked up at 4pm following practice at DOOR B**

**Runners are responsible for their drive to and from all Meets**

**All Meets start at 4pm and last about 1 hour.**

**Runners can leave a meet following their race, but must inform one of the school coaches.**