**King Street Elementary Physical Education**

Dear Students, Parents and Guardians:

Welcome to a brand new school year! We are excited about starting our Physical Education program here at King Street Elementary. This year we will be working on many things in our PE classes including: sport skills, games, dance, gymnastics and fitness and health activities.

One of our class goals is to actively engage all students in sufficient amounts of moderate to vigorous activity to improve and/or maintain their physical health and well-being. Another goal is to encourage students to apply the skills and knowledge acquired during class and to seek opportunities to be active outside of school as part of a healthy lifestyle.

Grade decisions are based on ongoing individual assessment of the students’ skill acquisition as they participate in physical education activities, and their effort to do their best while displaying cooperation and sportsmanship.

Students in grades 4 and 5 will be asked to change into PE clothing before class. All students must have proper footwear to participate in classes. In September and October when weather permits, classes will be held on the soccer turf for grades 3 to 5, so sunscreen may be applied at home on days when you/your child has PE.

If unable to participate in class students are required to being a note from a parent or guardian stating why and if possible the date when they can begin participating in class again. Students that are unable to participate will be given other student work to complete.

Sincerely,

Mr. Noel

Mr. Williston

**The following are the King Street Elementary Physical Education Rules and procedures”**

1. **Students are required to be prepared for class (clothing, footwear and positive attitude).**
2. **Students are to enter the gym walking quietly to their designated area (line, circle, etc.).**
3. **Students will treat each other with respect, participating in all activities while demonstrating sportsmanship.**