Parents and Guardians,

Over the next few weeks, our learning goals are to continue to strengthen learning in Math, Literacy and Life Skills. We ask that the children work for at least 1 hour each day to total 5 hours a week on these suggested activities. We understand that you may not be familiar in the French Second Language, but that is okay! We are in this together! We encourage you to encourage your child to “parler en Français”.

Please continue to check in on Mme. Gauthier and Mme. LeBouthillier’s Teacher Pages as we will be adding things throughout the weeks. Also, continue to read books on Je Lis, Je Lis and Zorbit’s Math.

You may also choose to do some read aloud story time with your child. Be as creative as you wish with your little ones and have fun in grade one! A good guideline to follow is about 20-30 minutes each of Math and Literacy a day.

It is important to take “brain breaks” in between activities as needed. Maybe you can do some stretches, pushups, sit ups, chair yoga, breathing, step outside for a breath of fresh air- anything that you find is helpful!

In addition to academic focus, students should try to do 30 minutes of physical activity each day. Possible activities might include but are not limited to: having a dance party, going for a walk, playing tag, helping with chores, practicing yoga, building a snowman, playing in the snow…so many options to get moving!

Have fun with your grade one and let them show you what they know!

***Please make sure to return all learning materials upon the return to in person learning at school!***

Yours in Education,

Mme. Gauthier et Mme. LeBouthillier😊

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