**Home Learning for grades 3-5**

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October 6, 2021

Students have been working on basic soccer skills such as:

* Sending the ball with a basic kick, using inside of the foot.
* Stopping/trapping the ball with your foot.
* Shooting at a target with a basic kick.

Some ways to strengthen these skills are:

* Kick a ball at a wall or a net if one is available.
* Play with a parent or a family to practice the basic kick.
* Set up some targets such as empty 2L bottles, or other suitable containers.

Most importantly, get outside and have fun while staying safe in your household bubble.