

SEL LESSON # 1

WEEK OF MAY 4-8TH

THE POWER OF RELATIONSHIPS

HAVING A NETWORK OF TRUSTED ADULTS IS AT THE FOUNDATION OF SOCIAL AND EMOTIONAL LEARNING. TEACHERS, COACHES, GRANDPARENTS, RELATIVES AND NEIGHBOURS ARE A FEW EXAMPLES OF TRUSTED ADULTS. IT IS THESE TRUSTED ADULTS WHERE KIDS LEARN THE NECESSARY VALUES AND VIRTUES TO BE HEALTHY, HAPPY AND PROMINENT MEMBERS OF SOCIETY.

PARENTS

FACILITATE A CONVERSATION WITH YOUR CHILD ABOUT WHO YOUR TRUSTED ADULTS WERE WHEN YOU WERE THIER AGE. WHAT DID YOU ADMIRE ABOUT THEM?

STUDENTS

- ON PAPER WRITE DOWN ALL OF YOUR TRUSTED ADULTS
- WRITE THE TOP THREE THINGS YOU ADMIRE ABOUT EACH ONE
- TELL THIS TRUSTED ADULT HOW MUCH THEY MEAN TO YOU (CALL, TEXT OR EMAIL)

WATCH THIS VIDEO
EVERY KID NEEDS A CHAMPION

[HTTPS://YOUTU.BE/SFNMTHHKDKW](https://youtu.be/SFNMTHHKDKW)

