



2021  
2022

# Virtual Classroom ASD-N

At home K to 2,  
Literacy and Numeracy



# Morning Routine



this  
morning



Wake up before 9AM

# Numeracy and Literacy

## At Home Learning

### Recommendations for learning:

- Please encourage 30 minutes of physical activity each day at home.
- 45 minutes a day for literacy and numeracy in kindergarten and grade one.
- 60 minutes a day for literacy and numeracy in grade two.

ASD-N K to 2



# Morning Routine

## Soft Start: Choose an activity

- Kindness Activity
- Walk outside
- Help cooking Breakfast
- Quiet Reading time
- Coloring
- Puzzle
- Building

ASD-N K to 2



10Am

# Literacy

ASD-N K to 2

## Phonics and word work

- Letter names
- Letter sounds
- Sight words

## Writing

- Journal
- Drawing
- Labelling a picture
- Art

## Comprehension and Fluency

- Read to Self
- Read to Someone Else
- Listening to Someone Read

## Story online on

- Storyline Online  
<https://storylineonline.net/>

## Literacy games on

- Squiggle Park

## Letter games on

- <https://pbskids.org/games/letters>

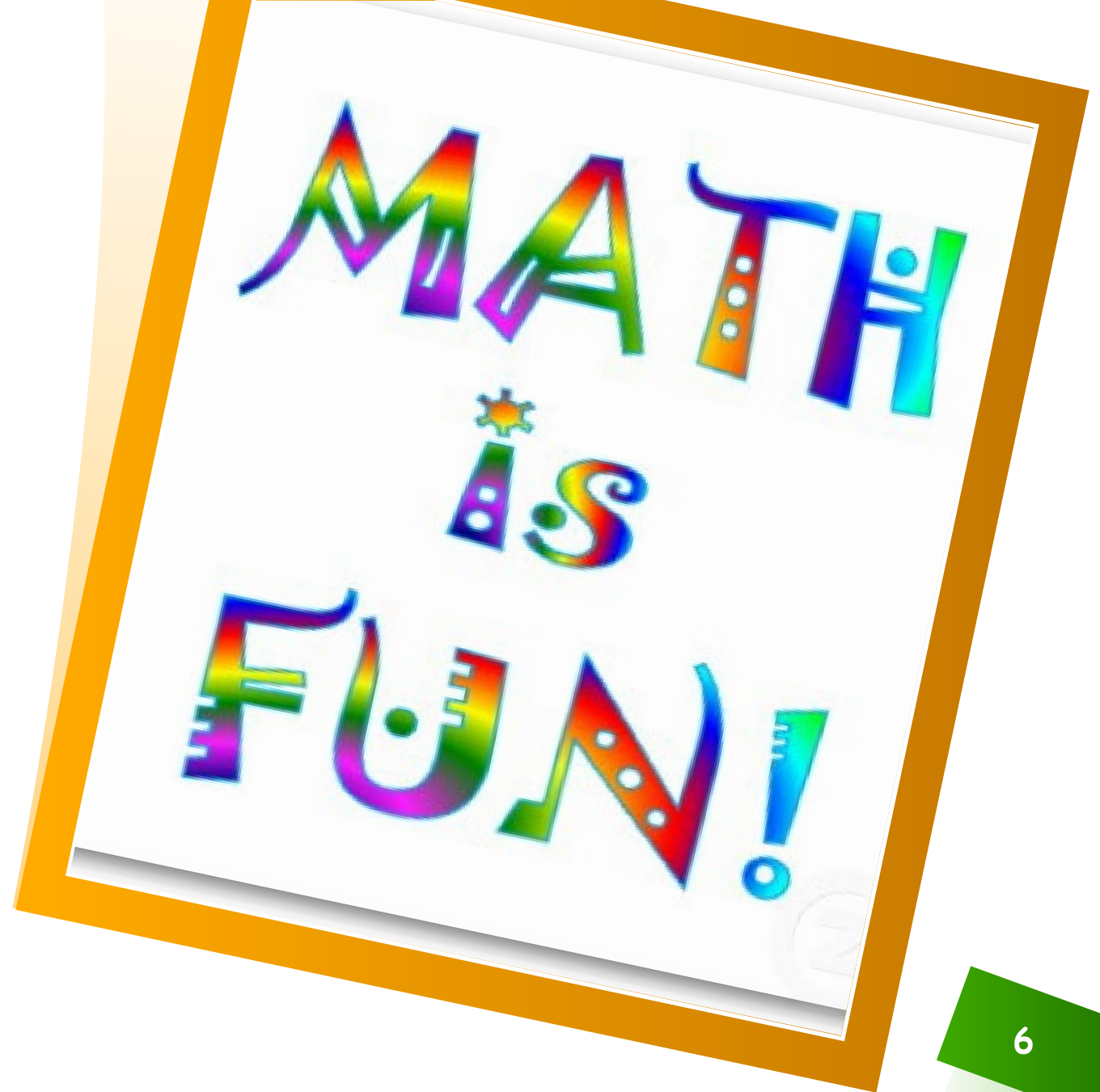
# Mid Morning

## Numeracy

### Math Time

- Splash Math
- Zorbit's Math
- Math games on <https://pbskids.org/games/math>
- Counting games at home

ASD-N K to 2



# Lunch

Wash hands and have a healthy lunch!



1pm to 1:30

## Quiet Time

Choices

- Reading
- Puzzles
- Nap
- Drawing

ASD-N K to 2





# Afternoon

## Creative Time

- Lego
- Drawing
- Seasonal Crafts
- Baking



ASD-N



Late  
Afternoon

Fresh Air and Exercise





Bedtime

8AM

WE CAN CHANGE  
THE WORLD



With KINDNESS